

PUBLIC SPEAKING 101

WHY ARE YOU HERE?

- Please remain in your seats and introduce yourself.
- In 1 minute or less tell us why you came to this workshop.
- Be sure to look around the room while you are speaking.
- Make eye contact with everyone.

PUBLIC SPEAKING TIPS

- Know what you want to say
- Use an outline
- Practice your material
- Videotape yourself
- Find out some information about the audience

PUBLIC SPEAKING TIPS

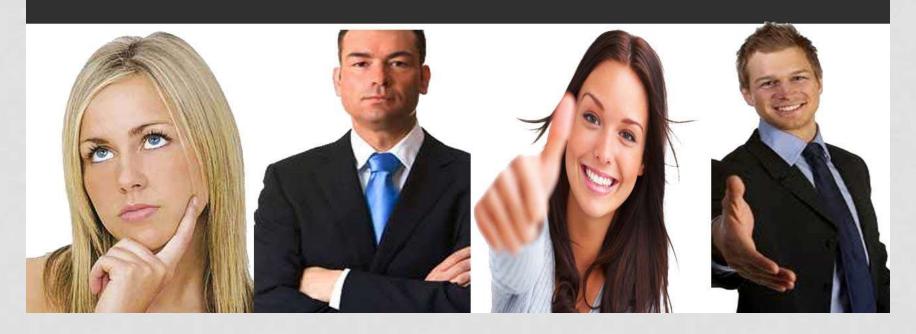
- Know the room
- Visualize yourself speaking in front of the audience
- Do not apologize for feeling nervous
- Observe your listeners' behaviors
- Manage your time

BODY LANGUAGE



BODY LANGUAGE

BODY LANGUAGE SIGNS



BODY LANGUAGE



TYPES OF SPEECHES

Informative

objects events processes concepts

- Persuasive influence others
- Special Occasions

Weddings, graduation

PRESENTATIONS

- Select a partner (the person next to you or anyone in the room).
- Get to know each other within 20 minutes.
- Tell your partner where you are from, your hobbies, anything of interest, and where you see yourself in five years.
- Practice introducing each other in preparation for a group introduction.
- Present your partner to the audience: 2-3 minutes

RECAP

Here is one more opportunity to speak in public!

Volunteer to share with the audience what you learned today